



*'You helped me do things
I thought were impossible.'*

PO Box 956, Southsea PO1 9NG
enquiries@tongues-and-grooves.org.uk
tel: 077 7524 4573
www.tongues-and-grooves.org.uk

past & present partners

Act2 Recovery
Art Stop Café, Milton Community Centre
Community First for Portsmouth
Cranstoun Community Drug Action
Haslar Immigration Centre, Gosport
Havant Literary Festival
Kings Theatre, Southsea
Lapidus
The Lodge, Victoria Park, Portsmouth
MIND Portsmouth
New Theatre Royal, Portsmouth
The Poetry School
The Poetry Society
Portsmouth City Council
Portsmouth Users' Self Help Group
Respect Programme, Portsmouth
St James' Hospital, Portsmouth
Spinnaker Press
The Spring Arts & Heritage Centre
Wordsouth

past funders



PO Box 956, Southsea PO1 9NG
enquiries@tongues-and-grooves.org.uk
tel: 077 7524 4573
www.tongues-and-grooves.org.uk

promoting the creative voice



tongues&grooves

Tongues&Grooves is a non profit making voluntary organisation using poetry and creative writing to promote motivation, well-being and social inclusion. Our monthly club is now a nationally recognised venue for the performance of poetry with music.

Tongues&Grooves

- works in community and healthcare settings
- provides platforms for writers and musicians
- involves people of all ages and backgrounds
- targets the 'quiet voice' & under represented
- develops opportunities for volunteers
- forms partnerships
- informs and involves supporters
- fundraises for charitable purposes

We seek to enable people from all walks of life to express themselves through writing and performance. Recent projects have included workshops for ACT2 Recovery, Cranstoun Community Drug Action, Portsmouth Respect Programme, Portsmouth Users Self Help Group, and patients at St James' Hospital, Portsmouth.

Tongues&Grooves is led by a small management team of writers, fundraisers and social entrepreneurs, supported by an advisory group of practising and published writers and musicians.

'Tongues&Grooves entices people who havn't written or performed to do so with confidence.'

membership & sponsorship

With reductions in grant funding, we are now seeking wider public support in the form of membership or sponsorship.

Membership is available at £5.00 per annum, with sponsorship at £25.00 (if you wish to support us more generously).

Applications are also invited for corporate sponsorship at £100.00 per annum. Corporate sponsors will be acknowledged on our website.

Members and sponsors will receive advance notice of special events (including for our 10th anniversary in 2013) and regular news updates. You will also have voting rights at a general meeting early next year.

Applications for membership or sponsorship can be made using this leaflet or via our website.

Please contact us if you would like more information. Meanwhile, we hope to welcome you as a new member or sponsor in the near future.

'Tongues&Grooves gave me back my voice'.



PO Box 956, Southsea PO1 9NG
enquiries@tongues-and-grooves.org.uk
tel: 077 7524 4573
www.tongues-and-grooves.org.uk

membership

I would like to support *Tongues&Grooves* by becoming a Member @ £5.00 per annum.

sponsorship

I would like to support *Tongues&Grooves* by becoming a Sponsor @ £25.00 per annum.

corporate sponsorship

I would like to support *Tongues&Grooves* by becoming a Corporate Sponsor @ £100.00 p.a.

payment

I enclose a cheque for £ payable to *Tongues & Grooves in the Community*.

Please send me details to enable payment by Standing Order.

Please send me details to enable an electronic bank payment.

I enclose a cash payment of £

Name

E mail

Other contact details

.....

.....